

# Learning, Sharing, Mentoring, Caring:

## An overview of HBAC 2006

**H**BAC continues to grow, mature and evolve into a dynamic networking organization. In 2006 HBAC featured a diverse selection of speakers focused on enhancing our professional and personal skills. The highlights included:

- **Kick Off 2006**

Hélène Meloche, trainer and time-management expert in industry, and Dr. Lea Prevel Katsanis, Canadian researcher and professor, kicked off the year

- **Spring 2006**

The spring season culminated in record-breaking attendance for an energetic presentation on stress management, by Dr. Kenford Nedd

- **Summer 2006**

Our golf tournament in August surpassed expectations. We raised \$16,000 for Residence Project Chance and reunited members, colleagues and friends for a fun-filled summer day

HBAC provides an ideal environment for networking. Women with similar interests have the opportunity to exchange meaningful experiences and share common challenges. We also take great pride in our fundraising efforts, and continue to support our community. Since 1994, we have contributed over \$160,000 to charitable causes dedicated to women and children.

Please join us in maintaining the momentum. Your support helps us grow. Your involvement makes this a very special association. **CPM**

- Robin Grover, President



Marilyn Krelbaum, HBAC member, with Nives Listes, HBAC Board member.

### We're easy to reach! Our Board Members:

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